



CITY OF LIGHTHOUSE POINT 8U SOCCER RULES



1. TIME

- 1.1 : Four 10 minute quarters (5 minute halftime)
- 1.2. Officials are allowed to call water breaks if deemed necessary. No substitutions during water break.

2. EQUIPMENT

- 2.1 All players are required to wear shin guards NO exceptions.
- 2.2 We will use a size 4 ball
- 2.3 Players may not wear any item of equipment that may be dangerous to themselves or others including earrings.
- 2.4 If a player is required to wear a medical bracelet please tape it up for the safety of everyone participating in the game.

3. GAME FORMAT

- 3.1 No more than 7 players on the field at any time (including goal keeper)
- 3.2 The minimum amount of players that will be allowed is 6. If a team has less than 6 players, it will result in a forfeit.

4. SUBSTITUTIONS

- 4.1 Substitutions can be made at the end of each quarter.
- 4.2 If a player gets injured, the player must come off the field. The player can reenter once confirming with the referee (no hockey subs).

5. PLAYING TIME

- 5.1 Each player SHALL play a minimum of 50% of the game and play during BOTH halves.
- 5.2 Teams are coed so there should be a minimum of 2 girls on each team

6. GAME RULES

6.1 : Offside will be called.

6.2 8 yard distance on free kicks.

6.3 8 yard distance on Penalty kicks.

6.4 No slide tackling in the vicinity of another player. Automatic yellow card for first offense and red card on second offense. Team must play remainder of game down one man if issued a red card. Rec Staff will determine if more suspensions are necessary.

6.5 When there is an Intentional pass back to goal keeper, the keeper will not be allowed to handle the ball.

6.6 For Throw ins, one warning will be given for incorrect form, but on the second offense, ball will change possession only for the FIRST TWO GAMES. After that, incorrect form will result in turnover.

6.6.1 A proper throw in is defined as both feet on the floor and the ball is thrown directly over the head with both hands. The ball must be thrown forward, no spiking is allowed.

6.7 - During anytime in a game, if a team is up by 4 goals or more, it will be required to take off an "attacking, offensive" player until the score is back within 3 goals.

6.8 For player safety, INTENTIONAL headers will not be allowed.

6.9 All other rules to confirm with FIFA regulations. At start of play the ball can be passed in any direction and a goal can be scored.

7. COACHES

7.1 Two coaches (wearing the LHP volunteer coach shirt indicating clearance of background check) are permitted on sidelines (strictly enforced).

7.2 No one is permitted behind the goals.

7.3 No parental coaching from sidelines. Please let the coaches coach their teams. All parents must be on the opposite sideline of the players and coaches to cheer on the players.

7.4 -In the event a player, coach, or a spectator is ejected from the game, he/she must leave the playing field immediately and go to the parking lot until the game is over. A refusal to leave in a timely manner will result in a forfeit of the game.

7.5 Should a player or coach be ejected from a game the City of Lighthouse Point staff will determine if a suspension of future games is warranted.

7.6 Please respect the referees at all times. Remember, you are to set a good example for your players as they are watching your actions and behavior. If there is a disagreement on a call, please address it between quarters, at halftime, or after the game in a respectful manner.

7.7 Opposing coaches and players will shake hands after each game to promote fair play and good sportsmanship.

Revised August 15, 2023